

# **Tips for Writing a Spiritual Memoir**

**By Michelle Ule**

## **Questions to ponder**

Who is your audience?

What is your goal in writing the spiritual memoir?

Who will you share it with?

What are you looking to gain as a result of reviewing your spiritual history?

What does your family think of the idea?

Do you have an axe to grind?

How will you write about people still alive?

If you know someone will be hurt, how will you handle their reactions to your story?

What is the arc of your spiritual life?

How will you handle disappointments?

## **Ways to organize**

Who are the important people in your spiritual life?

Where did you live, what church did you attend?

Did any miracles happen to you?

What role did the Bible or other books play?

How did God answer your prayers?

What sort of “seasons” of life did you grow through?

## **Things to remember**

Not every book that needs to be written needs to be published.

Remembering emotional incidents in your past can be challenging.

There is no sin God is not willing to forgive.

Tears can be cathartic.

You don't have to share any part of your spiritual memoir with others.