



OBSTACLES TO PRODUCTIVITY HOMEWORK

Take 30–60 minutes to walk through the 3 Obstacles to Productivity Michelle mentioned in this week's podcast

1. Which of these obstacles are interfering with my productivity? Which are interfering with me moving forward? What is getting in the way of me accomplishing my speaking and writing dreams?

2. Ambition: Is there any place of my life that may be more motivated by blind ambition than clear, focused passion (hint: probably social media)?

3. Inhibition: What risks am I avoiding right now because fear or overwhelm is keeping me parked in a place of safety?

4. Confusion: Do I know the pin on the map, the GPS coordinates, of where I want to go? In what areas of my life and work might I be lacking a clear destination right now and is that an obstacle to my productivity?